Intimate Partner Violence Information

**If you are in immediate danger, please call 911**.

If you are a woman, or her children, experiencing violence and abuse, contact a [shelter near you](http://thans.ca/get-help/find-a-shelter/) for crisis support or emergency shelter. In the Halifax Regional Municipality, contact [Bryony House](https://www.bryonyhouse.ca/)

If you are a man experiencing violence and abuse, contact [Shelter Nova Scotia](http://www.shelternovascotia.com/contact-us) for emergency shelter.

If you are a man who has been abusive and would like to stop the violence, please contact your nearest [Men's Intervention Program](https://novascotia.ca/coms/families/MensIntervention.html).

If you are a child or teenager, and need to contact Kids Help Phone, please call 1-800-668-6868, or visit [KidsHelpPhone.ca](http://org.kidshelpphone.ca/en/contact/).

If you are a tenant facing domestic violence, you can [end year-to-year or fixed-term leases early without financial penalty](https://novascotia.ca/just/victim_Services/tenant_facing_domestic.asp).

If you need crisis services, please call or text 211 or toll free 1-855-466-4994.

In 2019, Nova Scotia introduced [Domestic Violence Leave Legislation](https://novascotia.ca/lae/employmentrights/leaves.asp#domestic-violence)

Nova Scotia has a [Domestic Violence Court Program](http://www.courts.ns.ca/Provincial_Court/NSPC_domestic_violence_court.htm).

Nova Scotia has a [Framework for Action](https://novascotia.ca/just/publications/docs/russell/govtresponse.htm) on intimate partner violence.

If you need financial support, see the [December 6th Fund](https://ywcahalifax.com/programs/violence-against-women/)

[Alice House Programs](https://alicehouse.ca/)

Nova Scotia [Domestic Violence Resource Centre](https://nsdomesticviolence.ca/nff)

A copy of our brochure, Do You Need a Safety Plan? Guidelines for Persons in Abusive Relationships is [available here](https://novascotia.ca/just/victim_Services/_docs/VS_Safety_Plan.pdf). For a resource guide to help you develop a personalized safety plan, please [download our brochure](https://novascotia.ca/just/victim_Services/_docs/VSPersonalSafetyPlanBook_EN.pdf) Personalized Safety Plan Guidelines for Persons in Abusive Relationships.

Neighbour Friends and Family toll free line: 1-855-225-0220. This line is available to provide support and services on how to help those impacted by intimate partner violence and how to spot warning signs of abuse.