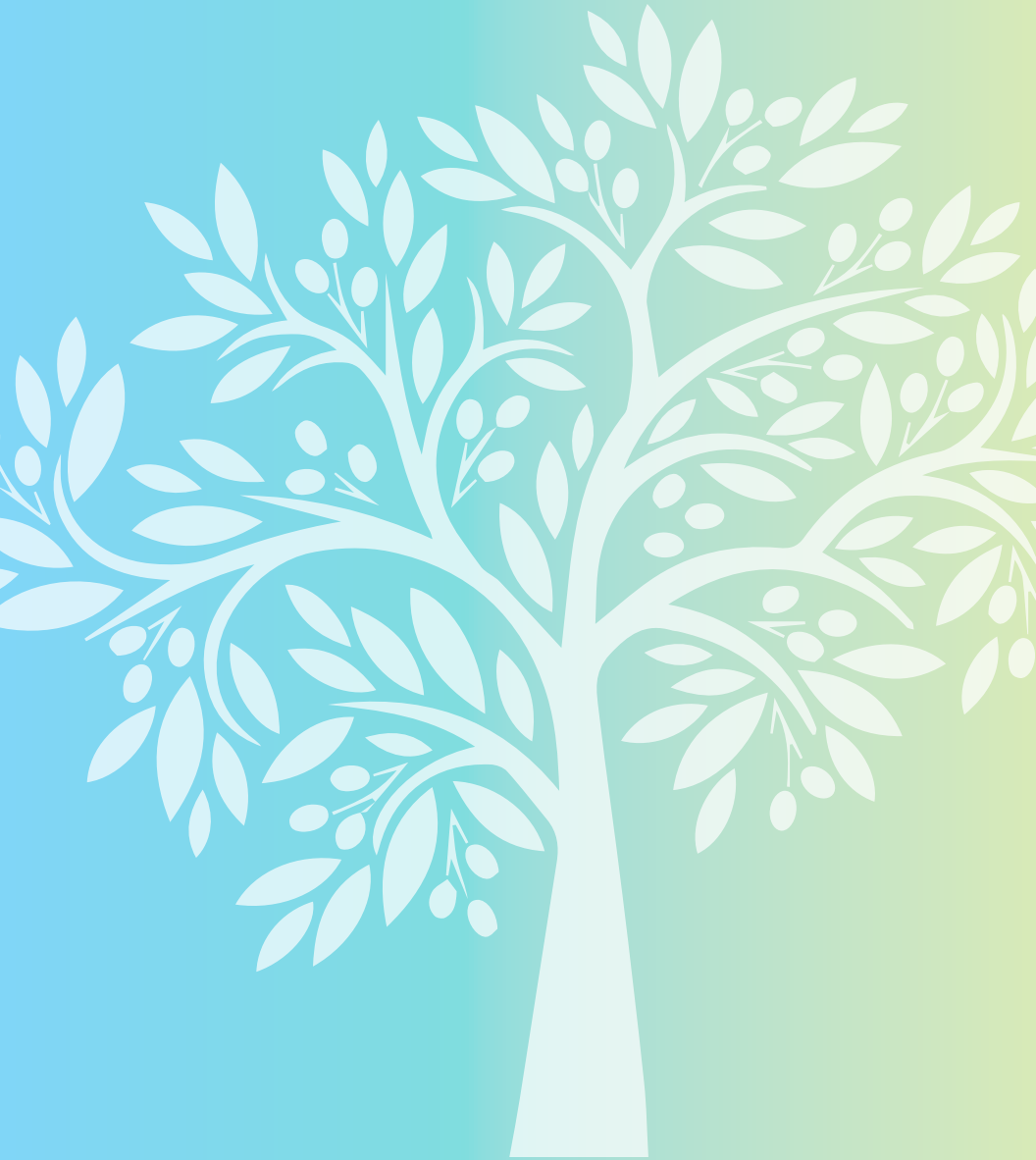


Resources



Safety Alert

Cut or tear along this line. Fold up and keep in a safe place.

If you have experienced domestic abuse, know that you are not alone, and that there are a variety of supports available to you.

If you are in immediate danger, call 911.

If you are seeking help or are looking for information about abuse, you can call the Transition House Association of Nova Scotia **24-hour toll-free line: 1-855-225-0220**

Women's, Men's, and All Genders Helplines: 211

Help Lines

Crime Stoppers 1-800-222-8477

Kids Help Phone..... 1-800-668-6868

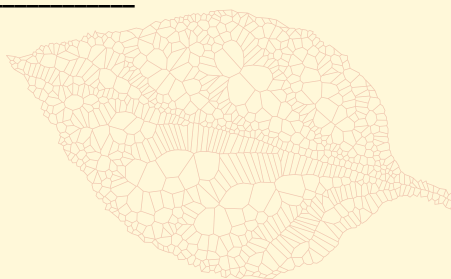
Mental Health Crisis Line

Serves all of Nova Scotia (24/7) 1-888-429-8167

Avalon Sexual Assault Centre

Crisis Line..... 902-422-4240

Your local number:



Quick connect

Community and social services 211
ns.211.ca

HealthLink 811
Hearing impaired 711
811.novascotia.ca

Women's, Men's, and All Genders Helplines: 211

Mi'kmaw Family Healing Centres

Millbrook 902-756-3440
Toll-free: 1-800-565-4741

We'koqma'q 902-756-3440
Toll-free: 1-800-565-3440

Transition Houses and Shelters Crisis Lines

Amherst, Autumn House 902-667-1200

Antigonish, Naomi Society 902-863-3807

Bridgewater, Harbour House 902-543-3999

Digby, Juniper House 902-742-8689
Toll-free: 1-800-266-4087

Halifax, Byrony House 902-422-7650

Kentville, Chrysalis House 902-679-1922
Toll-free: 1-800-264-8682

New Glasgow, Tearmann House 902-752-0132
Toll-free: 1-800-831-0330

Port Hawkesbury, Leeseide Transition House 902-625-2444
Toll-free: 1-800-565-3390

Shelburne, Juniper House 902-742-8689
Toll-free: 1-800-266-4087

Sydney, Cape Breton Transition House 902-539-2945
Toll-free: 1-800-563-2945

Truro, Third Place 902-893-3232
Toll-free: 1-800-565-4878

Yarmouth, Juniper House 902-742-8689
Toll-free: 1-800-266-4087

Cut or tear
along this
line. Fold up
and keep in a
safe place.

Resources

The programs and services listed in this directory are important to all Nova Scotians, but especially to women and children who experience violence. We encourage you to use them.

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2SLGBTQQIA+ People

Egale Canada..... Toll-free: 1-888-204-7777
egale.ca

Halifax Pride
halifaxpride.com/nsresources

Nova Scotia Rainbow Action Project
nsrap.ca

PFLAG Canada Ltd..... Toll-free: 1-888-530-6777
pflagcanada.ca

Pride Cape Breton
pridecb.com

Youth Project 902-429-5429
youthproject.ns.ca

African Nova Scotian Women

African United Baptist Women's Institute 902-434-8837

Association of Black Social Workers 902-407-8809
nsabsw.ca

Coverdale Courtwork Services
Supporting women through the justice system.
Halifax: 902-422-6417
coverdale.ca

Cumberland African Nova Scotian Association
Cumberland County 902-661-1509
cansa.ca

Elizabeth Fry Society

For women in conflict with the law.

Halifax:..... 902-454-5041

Toll-free:..... 1-877-619-1354

efrymns.ca

Cape Breton.....902-539-6165

efrycb.com/home.html

East Preston Family Resource Centre.....902-462-7266

eastprestodaycare.ca/

YWCA, Halifax.....902-423-6162

ywcahalifax.com

Children's Services

Nova Scotia Child Benefit

Toll-free:..... 1-800-387-1193

novascotia.ca/coms/families/ChildBenefit.html

Child Care Information and Subsidies

Child Care Directory

nsbr-online-services.gov.ns.ca/DCSONline/ECDS/loadSearchPage.action

Child Care Subsidy Program..... 1-844-804-2084

ednet.ns.ca/earlyyears/families/childcaresubsidy.shtml

Child Protection

Family and Children’s Services, Department of Community Services

Call Community Services if you believe a child is in immediate danger.

Weekdays, 8:30 am - 4:30 pm

Toll-free: 1-877-424-1177

novascotia.ca/coms

Regional Offices

Call 211 to find the regional office nearest you.

novascotia.ca/coms/department/contact/index.html

Mi’kmaw Children and Family Services

fncaringociety.com/agencies/mikmaw-family-childrens-services-nova-scotia

Eskasoni: 902-379-2433

Toll-free: 1-800-263-8300

Sipekne’katik: 902-758-3553

Toll-free: 1-800-263-8686

Bear River: 902-376-3553

Toll-free: 1-800-263-8686

Counselling Services for Children

IWK Community Mental Health

Intake: 902-464-4110

Toll-free: 1-888-470-5888

iwk.nshealth.ca/mental-health

Kids Help Phone

Toll-free:.....1-800-668-6868

kidshelpphone.ca

Text "Connect" to 686868

Counselling Services for Adults

Family Service Association, central intake

Halifax and Lower Sackville:.....902-420-1980

Toll-free:.....1-888-886-5552

Family Service of Eastern Nova Scotia

Toll-free:1-866-330-5952

ensfamilyservice.ca

Criminal Injuries Counselling Program

Phone services:.....902-424-4651

Toll-free:.....1-888-470-0773

General inquiries:902-424-3309

novascotia.ca/just/victim_Services

Employment

Employment Outreach Agencies

Job Junction Employment and Career Resource Centre

(Halifax).....902-455-WORK (9675)

jobjunction.ca/services

Team Work Cooperative902-422-8900

teamworkbridge.org

Service Canada Centres (ESDC)

Employment Insurance (EI) Toll-free: 1-800-206-7218

CPP/Old Age Security Toll-free: 1-800-277-9914

All other inquiries Toll-free: 1-800-622-6232

canada.ca/en/employment-social-development/corporate/portfolio/service-canada.html

Labour Standards 1-888-315-0110

novascotia.ca/lae/employmentrights/

Employment Support and Income Assistance

Department of Community Services

Call 211 to find your regional office.

novascotia.ca/coms/departement/contact/index.html

Family Courts

Family Courts

courts.ns.ca/Courthouse_Locations/Courthouse_Locations_Map.htm

Family Division

Yarmouth..... 902-742-0500

Justice Centre and Family Court Office

Amherst..... 902-667-2256

Antigonish..... 902-863-3676

Bridgewater 902-543-4679

Kentville 902-679-6070

Port Hawkesbury 902-625-2665

Yarmouth..... 902-742-0500

Justice Centre

Annapolis Royal	902-532-5462
Digby	902-245-4567
Pictou	902-485-7350
Port Hawkesbury	902-625-2665
Truro	902-893-5840

Supreme Court (Family Division)

Halifax	902-424-3990
Sydney	902-563-2200

Family Law Resources

NS Family Law

nsfamilylaw.ca

Legal information, court forms, and guides to applying to court.

Summary Advice Counsel 1-866-999-7544

nsfamilylaw.ca/summary-advice-counsel

Free basic advice about family law. Available across the province.

Family Law Information Program (FLIP)

Halifax

902-424-5232

Sydney

902-563-5761

nsfamilylaw.ca/family-law-information-program-flip-centre

Legal Information Society of Nova Scotia 902-455-3135

Toll-free:

1-800-665-9779

legalinfo.org

Family Resources

Antigonish and Pictou Counties

Kids First Family Resource Centre

Antigonish.....	902-863-3848
Guysborough.....	902-533-3881
Pictou County.....	902-755-5437

kids1st.ca

Cape Breton

Special Needs and Moving On

Baddeck.....	902-295-1357
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specialneedsproject.ca

Family Place Resource Centre

Inverness.....	902-258-3002
Sydney.....	902-562-5616
Port Hawkesbury / Richmond County.....	902-625-1496
Victoria County, North of Smokey.....	902-336-2208
Victoria County, South of Smokey.....	902-295-2956

familyplace.ca

Military Family Resource Centre

Sydney.....	902-563-7100 ext. 7107
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halifaxmfr.ca

Colchester and Cumberland County

Maggie's Place

Amherst.....	902-667-7250
Truro.....	902-895-0200

maggiesplace.ca

Digby, Yarmouth, and Shelburne Counties

South Shore Family Resource Centres

Bridgewater	902-543-3119
Digby	902-245-2300
Liverpool	902-354-7176
Shelburne	902 875 3256

southshorefamilyresource.org/

Le Centre provincial de ressources préscolaires

Saulnierville.....	902-769-5850
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cprps.ca

Parent's Place

Yarmouth.....	902-749-1718
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yarmouthparentsplace.com/

Guysborough County

Kids First Family Resource Centre

Guysborough.....	902-533-3888
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kids1st.ca

Halifax Regional Municipality

Bayers Westwood Family Support Resource Centre

Halifax.....	902-454-9444
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facebook.com/bwfrfc/

Chebucto Family Centre.....	902-479-3031, ext. 302
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chebuctofamilycentre.ca/

Eastern Shore Family Resource Association

Porters Lake902-827-1461

Toll-free: 1-866-847-1461

esfamily.org

Fairview Resource Centre 902-443-9569

fcns.com

Family SOS

Head office:.....902-455-5515

Spryfield Program Space:902-446-3020

familysos.ca

Memory Lane Family Place902-864-6363

facebook.com/memorylanefamilyplace/

Mi'kmaq Child Development Centre..... 902-422-7850

mymnfc.com/2020/01/mikmaq-child-development-centre/

Military Family Resource Centre

Toll-free:..... 1-888-753-8827

CFB Halifax: 902-427-7788

CFB Shearwater:902-720-1885

halifaxmfrca.ca

Mulgrave Park Tenants Association

..... 902-789-3531

PACT: Parent and Child Together

Dartmouth..... 902-434-8952

parentsandchildrentogether.info

Musquodoboit Valley Family Resource Centre
..... 902-384-2794
musquodoboitvalleyfamilyresourcecentre.vpweb.ca

North End Parent Resource Centre 902-492-0133
facebook.com/NorthEndParentResourceCentre

The North Grove 902-464-8234
thenorthgrove.ca

Preston and Area Family Resource Centre
..... 902-462-7266
eastprestondaycare.ca/

Kings and Annapolis Counties

Kids Action Program

Canning 902-680-6172
facebook.com/kidsactionprogram

Greenwood Military Family Resource Centre
..... 902-765-5611
cafconnection.ca/Greenwood/Contact-Us/Greenwood-Military-Family-Resource-Centre.aspx

Kings County Family Support Centre
Kentville 902-678-5760
kcfrc.ca

Family Matters - Annapolis County Family Resource Centre Lawrencetown, Resource Centre
..... 902-584-2210
Toll-free:..... 1-800-399-7119
family-matters.ca

Family Resource Centre of West Hants
Windsor 902-798-5961
frcofwh.webs.com

Lunenburg and Queens Counties Better Together Family Resource Centre
Bridgewater 902-543-3119
southshorefamilyresource.org/include/lunenburg.htm

Queens Family Resource Centre
Liverpool..... 902-354-7176
southshorefamilyresource.org/include/queens.htm

Chester and Area Family Resource Centre
..... 902-275-4347
chesterfamilycentre.ca

New Ross Family Resource Centre
..... 902-689-2414
nrfrc.ca

Francophone Women

Fédération des femmes acadiennes de la Nouvelle-Écosse

Dartmouth..... 902-433-2088

ffane.ca

The Conseil de développement économique de la Nouvelle-Écosse (CDÉNE)

cdene.ns.ca/en/services/employment-assistance

Centre Accès Justice

..... 1-844-250-8471

ajefne.ns.ca/acces-justice/

Government Programs and Services

Federal Government

Information line..... 1-800-622-6232

TTY/TDD 1-800-926-9105

Provincial Government

Information about government programs and services

Service Nova Scotia and Internal Services

..... 1-800-670-4357

beta.novascotia.ca/government/service-nova-scotia-and-internal-services

Nova Scotia Human Rights Commission

..... 902-424-4111

Toll-free: 1-877-269-7699

humanrights.novascotia.ca

Department of Labour, Skills & Immigration

.....902-424-5230

Toll-free: 1-877-292-9597

beta.novascotia.ca/government/labour-skills-and-immigration

Nova Scotia Ombudsman's Office

.....902-424-6780

Toll-free: 1-800-670-1111

novascotia.ca/ombu

Health

Addiction/Drug Dependency Services

Choices Adolescent Program:

Halifax.....902-464-4110

Toll-free:..... 1-855-922-1122

iwk.nshealth.ca/mental-health/youth/choices-addictions

Marguerite Centre

General information line, Halifax 902-876-0006

themargueritecentre.com

Provincial Addiction Services Offices

mha.nshealth.ca/en/services

Call 211 to connect with mental health and
addiction services near you.

Mental Health Crisis Line: Toll-free:..... 1-888-429-8167

General Health Services

Health Link

Toll-free: 811

811.novascotia.ca

IWK Health Centre

Halifax.....902-470-8888

Toll-free:.....1-888-470-5888

iwk.nshealth.ca/

North End Community Health Centre

Halifax.....902-420-0303

nehc.com

Public Health Services

Call 211 to connect find public health services nearest you.

nshealth.ca/public-health-offices

Housing

Housing Services Offices

Contact Housing Services about home improvement loans, grants, and other financial assistance programs related to improving or developing housing.

novascotia.ca/coms/departement/contact/HousingServicesOffices.html

For issues related to public housing, please contact 211 for the Housing Authority office nearest you.

Regional Housing Authorities

Regional Housing Authorities can provide information about subsidized housing in your area. Also check at your local transition house about second stage housing.

Call 211 to find your Regional Housing Authority.

novascotia.ca/coms/departement/contact/HousingAuthorityOffices.html

Housing Nova Scotia

Call 211 to find the Housing Nova Scotia office nearest you.

housing.novascotia.ca/housing-nova-scotia-offices

Halifax: Shelters Nova Scotia 902-406-3631

shelternovascotia.com

Immigrant Women

Citizenship and Immigration Canada

Toll-free: 1-888-242-2100

TTY: 1-888-576-8502

canada.ca/en/services/immigration-citizenship.html

Halifax Refugee Clinic 902-422-6736

halifaxrefugeeclinic.org

Immigrant Settlement Association of Nova Scotia

..... 902-423-3607

Toll-free: 1-866-431-6472

isans.ca

Nova Scotia Interpreting Services

..... 902-425-5532

interpretingservices.ca

Department of Labour, Skills and Immigration

..... 902-424-5230

Toll-free (NS) 1-877-292-9597

beta.novascotia.ca/government/labour-skills-and-immigration

YMCA Immigrant Centre 902-457-9622

ymcahx.ca/locations/ymca-immigrant-services/

Legal

Besides the services listed below, transition houses can often help you with information about the court process and other legal matters. See also under Family Law Resources for more help.

Legal Aid

Nova Scotia Legal Aid

Call 211 to find the Nova Scotia Legal Aid office nearest you.

nslegalaid.ca/

Dalhousie Legal Aid

Can help with residential tenancy issues.

Halifax..... 902-423-8105

dal.ca/faculty/law/dlas.html

Legal and Justice Support Services

Coverdale Courtwork Services

Supports women through the justice system.

Halifax..... 902-422-6417

coverdale.ca

Elizabeth Fry Society of Mainland Nova Scotia

For women in conflict with the law.

Halifax..... 902-454-5041

Toll-free:..... 1-877-619-1354

Truro..... 902-897-0852

efrymns.ca

Elizabeth Fry Society of Cape Breton 902-539-6165
efrycb.com/home.html

John Howard Society 902-429-6429
ns.johnhoward.ca/

Maintenance and Child Support

Federal Child Support Guidelines

Toll-free: 1-888-373-2222

Maintenance Enforcement Program

Halifax Regional Municipality: 902-424-0934
Outside Halifax Regional Municipality: 1-855-322-0934
InfoLine (24-hour access) toll-free: 1-855-322-0934
mep.novascotia.ca

Men’s Domestic Violence Intervention Programs

Amherst/Cumberland County

New Directions 902-667-4500
autumnhouse.ca/programs-services/mens-services

Halifax

New Start Counselling 902-423-4675
newstartcounselling.ca

The Peoples’ Counselling Clinic

..... 902-832-1593
thepeoplescounsellingclinic.ca/

Sydney/Cape Breton Island

Corner Stone 902-567-0979

Truro/Colchester and East Hants counties

Bridges 902-897-6665

bridgesinstitute.org

Pictou, Antigonish, Guysborough counties

New Leaf 902-396-2440

newleafpictoucounty.ca

Mental Health Services

Emergency/Crisis Services 911

Mental Health Crisis Line (24/7)

..... 1-888-429-8167

Call 211 for mental health services near you.

HealthLink 811

For people who are deaf or hard of hearing 711

811.novascotia.ca

Canadian Mental Health Association (CMHA)

NS Division 902-466-6600

Toll-free: 1-877-466-6606

novascotia.cmha.ca

Healthy Minds Cooperative

..... 902-404-3504

Toll-free: 1-855-901-6463

healthyminds.ca

Schizophrenia Society of Nova Scotia (SSNS)

..... 902-429-8167
Toll-free:..... 1-888-429-8167
SSNS.ca

CMHA..... 902-455-5445
cmhahaldart.ca

Community Mental Health

Dartmouth..... 902-466-1830
Empowerment Connection..... 902-404-3445
Healthy Minds Cooperative 902-404-3504
healthyminds.ca

Laing House..... 902-425-9018
lainghouse.org

Self-Help Connection..... 902-466-2011
Toll-free:..... 1-844-466-2011
selfhelpconnection.ca

Well Women Clinics

nshealth.ca/content/well-women-clinics

Mi'kmaq Women

Provincial

Mi'kmaw Legal Support Network

Toll-free:..... 1-877-379-2042
Dartmouth..... 902-468-0381
Eskasoni 902-379-2042
Truro..... 902-895-1141

Native Council of Nova Scotia

..... 902-895-1523

Toll-free:..... 1-800-565-4372

ncns.ca

Nova Scotia Native Women's Association

..... 902-893-7402

nsnwa.ca/

Child Help Initiative Project

Head office..... 902-895-1738

Toll-free:..... 1-800-565-4372

ncns.ca/programs-services/child-help-initiative-program-chip

Halifax

Mi'kmaw Native Friendship Centre

..... 902-420-1576

mymnfc.com

Truro

Native Social Counselling Agency

..... 902-895-1738

ncns.ca/native-social-counselling-agency

Welkaqnik Next Step Shelter

..... 902-895-1523

Toll-free:..... 1-800-565-4372

ncns.ca/welkaqnik-next-step-shelter

Mi'kmaq Family and Children's Services

Eskasoni..... 902-379-2433

Toll-free:..... 1-800-263-8300

Sipekne'katik..... 902-758-3553
Toll-free:..... 1-800-263-8686
fncaringsociety.com/agencies/mikmaw-family-childrens-services-nova-scotia

Mi'kmaq Family Healing Centres

Millbrook First Nation

Truro..... 902-893-8483
Toll-free:..... 1-800-565-4741

We'koqma'q First Nation

Whycocomagh..... 902-756-3440
Toll-free:..... 1-800-565-3440

Policing

First Nations Communities, Cape Breton

Non-emergency and general inquiries:..... 902-563-5151
cbrps.ca/first-nations-policing.html

Police and RCMP - Emergency..... 911

Please see the blue pages in your phone book for non-emergency police and the white pages for RCMP numbers (listed under Royal Canadian Mounted Police) in your area. Many RCMP detachments and police departments offer victims' services or victims' assistance programs to help you. Ask if these services are available to you.

RCMP

General inquiries:902-720-5000
Non Emergency: 1-800-803-7267
Call 211 to find your local detachment.

rcmp-grc.gc.ca/detach/en/find/NS

Online Bullying

CyberScan

Helps with cyberbullying/someone posting intimate images.

Halifax Regional Municipality:..... 902-424-6990

Toll-free:..... 1-855-702-8324

novascotia.ca/cyberscan/

Second Stage Housing

Second stage housing offers safe and affordable housing for abused women and their children. You can also contact your local transition house.

Antigonish: Naomi Society 902-863-3807

naomisociety.ca

Halifax: Alice House 902-466-8459

alicehouse.ca

Sydney: Cape Breton Transition House

Crisis line:..... 902-539-2945

Toll-free:..... 1-800-563-2945

facebook.com/cbthawillowhouse

Truro: Welkaqnik Next Step Shelter

(priority to Indigenous women)

..... 902-895-1523

Toll-free:..... 1-800-565-4372

ncns.ca/programs-services/welkaqnik-next-step-shelter

Senior Women

Nova Scotia Senior Safety Programs

Call 211 for senior safety programs near you.

novascotia.ca/seniors/senior_Safety_Programs.asp

Sexual and Reproductive Health

IWK Health Centre

Women's Clinic: 902-470-8888

Toll-free: 1-888-479-5888

iwk.nshealth.ca/women-and-newborns-health

Well Woman Clinic

Call 211 to find a Well Woman's Clinic near you.

nshealth.ca/content/well-woman-clinics

Sexual Health Centres

Call 211 to find a sexual health centre near you.

Sexual Health Nova Scotia 902-492-6900

shns.ca

Amherst: Sexual Health Centre for Cumberland County

..... 902-667-7500

facebook.com/pg/Sexual-Health-Centre-for-Cumberland-County-225778277501746

Bridgewater: Sexual Health Centre

Lunenburg County 902-527-2868

southshoresexualhealth.com

Halifax: Halifax Sexual Health Centre

..... 902-455-9656
hshc.ca

Kentville: The Red Door Youth Health & Support Centre

(for youth 13-30)..... 902-679-1411
thereddoor.ca

New Glasgow: Pictou County Centre for Sexual Health

..... 902-695-3366
facebook.com/PCSHCentre/

Sheet Harbour: Sheet Harbour Sexual Health Centre

..... 902-885-3693
facebook.com/sheetharbourshc

Sydney: Cape Breton Centre for Sexual Health

..... 902-539-5158
facebook.com/Cape-Breton-Centre-for-Sexual-Health-887431781392027

Sexual Assault Centres

**Antigonish: Antigonish Women’s Resource Centre
& Sexual Assault Services Association**

..... 902-863-6221
awrcsasa.ca

Halifax: Avalon Sexual Assault Centre

..... 902-422-4240
Crisis Line: 902-425-0122
avaloncentre.ca

Truro: Colchester Sexual Assault Centre

..... 902-897-4366
colchestersac.ca

Support/Referral/Advocacy Organizations

Dartmouth: Self Help Connection 902-466-2011
Toll-free: 1-844-466-2011
selfhelpconnection.ca/

Halifax: YWCA..... 902-423-6162
ywcahalifax.com

Transition Houses

Transition houses offer emergency shelter, information, and support for women in abusive relationships. For more information on services call the Transition House Association of Nova Scotia

..... 902-429-7287
thans.ca

If you need support call or text the provincial toll-free line, 1-855-225-0220, available 24/7

You can also call a transition house in your area.
Call 211 to find the transition house nearest you.

Amherst: Autumn House

(Wheelchair accessible) (will accept collect calls)

24 hour crisis line..... 902-667-1200
Office..... 902-667-1344
autumnhouse.ca

Antigonish: Naomi Society

Office/Crisis:..... 902-863-3807
naomisociety.ca

Bridgewater: Harbour House (Wheelchair accessible)

Crisis line: 902-543-3999

Toll-free: 1-888-543-3999

Office: 902-543-3665

Outreach: 902-543-9970

harbour-house.ca

Digby: Juniper House Outreach

Crisis line: 902-742-8689

Toll-free: 1-800-266-4087

Juniper Outreach: 902-245-4789

juniperhouse.ca

Halifax: Adsum House (For homeless women and children)

..... 902-423-4443

adsumforwomen.org

Halifax: Bryony House (Wheelchair accessible, one room accessible, accessible bathroom, bilingual staff as required)

24 hr Crisis line:..... 902-422-7650

Counsellor: 902-423-7183

Office: 902-429-9002

Outreach: 902-222-4640

bryonyhouse.ca

Kentville: Chrysalis House

(Wheelchair ramp, bathroom accessible)

Crisis line: 902-679-1922

Toll-free: 1-800-264-8682

Office: 902-679-6544

Outreach: 902-679-8324

chrysalishouseassociation.org

New Glasgow: Tearmann House

(Wheelchair ramp, main floor accessible)

Crisis line: 902-752-0132

Toll-free: 1-888-831-0330

Office: 902-928-0774

Outreach: 902-752-2591

tearmann.ca

Millbrook: Mi'kmaw Family Healing Centre

(Wheelchair ramp, main floor accessible)

Office: 902-756-3440

Toll-free: 1-800-565-4741

Port Hawkesbury: Leaside Transition House

(Wheelchair accessible)

Crisis line: 902-625-2444

Toll-free: 1-800-565-3390

Office/Outreach: 902-625-1990

thans.ca/shelters/leaside-transition-house-port-hawkesbury/

Shelburne: Juniper House Outreach

Crisis line: 902-742-8689

Toll-free: 1-800-266-4087

Outreach: 902-742-0231

juniperhouse.ca

Sydney: Cape Breton Transition House

(Wheelchair lift, bilingual staff as required)

Crisis line: 902-539-2945

Toll-free: 1-800-563-2945

Outreach Program: 902-562-3045

transitionhousefoundation.com/

Truro: Third Place

(Wheelchair ramp, one room, partial bath, and common areas accessible)

Crisis line: **902-893-3232**

Toll-free: 1-800-565-4878

Office: 902-893-4844

Outreach: 902-895-9740

thirdplaceth.ca

We'koqma'q: Mi'kmaw Family Healing Centre

(Wheelchair ramp, main floor accessible)

Office: 902-756-3440

Toll-free: 1-800-565-4741

Yarmouth: Juniper House Outreach

Crisis line: **902-742-8689**

Toll-free: 1-800-266-4087

Office: 902-742-4473

Outreach: 902-742-0231

juniperhouse.ca

Victim Services

Victim Services provides information and confidential support services to victims of crime and their families. Your local RCMP detachment, police department, or transition house can also provide support and assistance.

Provincial Victim Services

Call 211 to find victim services near you.

Head Office Halifax: 902-424-3309

Toll-free: 1-888-470-0773

novascotia.ca/just/victim_services

Police-based Victim Services

Halifax Regional Police Victim Services Unit 902-490-5300
Text:..... 902-497-4709

Women’s Centres

Women’s Centres Connect

womenconnect.ca

Annapolis: The Women’s Place Resource Centre

..... 902-363-2030

wprc.ddns.net/joomla/

Antigonish: Antigonish Women’s Resource Centre & Sexual Assault Services Association

..... 902-863-6221

awrcsasa.ca

Digby: Tri-County Women’s Centre

Outreach..... 902-245-6866

tricountywomenscentre.org/

Halifax: South House Sexual and Gender Resource Centre

..... 902-494-2432

southhousehalifax.ca

Lunenburg: Second Story Women’s Centre

..... 902-640-3044

secondstory.ca/

New Glasgow: Pictou County Women’s Resource & Sexual Assault Centre
..... 902-755-4647
womenscentre.ca

Port Hawkesbury: Strait Area Women’s Place
..... 902-625-1614

Sheet Harbour: LEA Place Women’s Centre
..... 902-885-2668
leaplace.com

Shelburne: Tri-County Women’s Centre
Outreach..... 902-875-4777
tricountywomenscentre.org/

Sydney: Every Woman’s Centre 902-567-1212
everywomanscentre.com/

Truro: Lotus Centre 902-895-4295
thelotuscentre.net

Yarmouth: Tri-County Women’s Centre 902-742-0085
Toll-free:..... 1-877-742-0085
tricountywomenscentre.org

Women with Disabilities

Nova Scotia Accessibility Directorate

Halifax: (provincial)..... 902-424-8280
Toll-free: (NS) 1-800-565-8280
TTY: 902-424-2667
Toll-free/TTY: (NS) 1-877-996-9954

novascotia.ca/accessibility

Nova Scotia League for Equal Opportunities

..... 902-455-6942
Toll-free: 1-866-696-7536

nsleo.com

reachAbility Association 902-429-5878

reachability.org

Caregivers Nova Scotia

Toll-free: 1-877-488-7390

caregiversns.org/

DisAbled Women's Network Canada

Toll-free: 1-866-396-0074

dawnacanada.net

Additional Resources

Centre for Research & Education on Violence Against Women & Children

Provides information, research, online training, and resources about domestic violence.

learningtoendabuse.ca

Ending Violence Association of Canada

A national non-profit organization whose main purpose is to educate and respond to gender-based violence at the national level.

endingviolencecanada.org/about-us/

Legal Information Society of Nova Scotia

Provides information about the law in this province.

legalinfo.org

National Information Center on Health Services

Provides information on, and resources about, domestic violence.

nlm.nih.gov/nichsr

Neighbours, Friends and Families

A public education campaign to raise awareness of the signs of woman abuse so that those close to an at-risk woman or an abusive man can help.

neighboursfriendsandfamilies.ca

Nova Scotia Advisory Council on the Status of Women

Provides information about the issue of domestic violence.

women.novascotia.ca/our-priorities/womens-safety

Nova Scotia Domestic Violence Resource Centre

Provides information about domestic violence, information on providing support, and links to support services across Nova Scotia.

nsdomesticviolence.ca/

Public Health Agency of Canada

Operates the National Clearinghouse on Family Violence (NCFV).

Information is available in both English and French.

canada.ca/en/public-health/services/health-promotion/stop-family-violence.html

Transition House Association of Nova Scotia

Member organizations provide crisis and transitional services to women and their children. You can locate a shelter and other resources through this site.

thans.ca/

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